**CYNTHIA K. FINE**

1291 N. Bradford Rd. Newtown, PA 18940

***Program Director with a healthcare background and a proven record of leading new care delivery models with an increase in patient and family satisfaction. Successfully ran nursing and rehabilitation therapy departments in acute care settings as well as rehabilitation settings.***

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| ***Nurse Executive*** | ***Program Director*** | ***Nursing*** | ***Rehabilitation*** |
| ***Team Development*** | ***Research*** | ***Outcomes*** | ***Educator*** |

**COLUMBIA UNIVERSITY MEDICAL CENTER 2012 - Current**

**Program Director of the Early Rehabilitation in the ICU Program/Clinical Coordinator for Safe Patient Handling Program:** Responsible for coordinating the implementation and growth of this program with over twenty Physical Therapists, six Occupational Therapists, Speech and Language Professionals and Critical Care Nursing. Developed metrics to score the success of the program and to provide Senior Leadership with the information needed to continue a resource rich program. Worked with team members to develop further concepts of mobilization, making this program one of the most aggressive, yet safe programs in the world. Guest lecturer at Columbia University school of Nursing and Physician and Surgeons University. Presented locally, regionally, nationally and internationally on the concepts of rehabilitation in the ICU.

**Coordinator of the Safe Patient Handling program:** Participated in the team that drove the assessment, equipment evaluation, development of educational components and implementation of the Safe Patient Handling Program. Our metrics are showing the return of investment in terms of worker injuries and patient injuries.

**Lectures:**

 Presented at the 8th Johns Hopkins Course on Early Rehabilitation in the ICU”: 10/20

 Presented at the 5th Annual Asian Pacific Conference on “Early Rehabilitation in the ICU”

Kuching, Malaysia: June/19

 Presented at the 7th Johns Hopkins Course on “Early Rehabilitation in the ICU”: 11/19

 Presented at the 4th Annual Asian Pacific Conference on “Early Rehabilitation in the ICU”

Beijing: June/18

 Presented at the 6th annual Johns Hopkins Course on “Early rehabilitation in the ICU” 11/17

 Presented at the 3rd Annual Asian Pacific Conference on “Early Rehabilitation in the ICU”

Singapore; 4/17

 \_Presented at the 5th annual Johns Hopkins Course on “Early Rehabilitation in the ICU” 11/16

 Presented at the 2nd Annual Asian Pacific Conference on “Early Rehabilitation in the ICU”

Seoul; 9/16

 Presented at the 4th annual Johns Hopkins Course on “Early Rehabilitation in the ICU” 11/14

 Presented at the 3rd annual Johns Hopkins Course on “Early Rehabilitation in the ICU” 11/13

 Presented at the 2nd annual Johns Hopkins Course on “Early Rehabilitation in the ICU” 11/13

 Present twice a year at the Columbia University Medical Center Cardio thoracic Nursing

Symposium

Present twice a year at the Columbia University Medical Center MICU Nursing Symposium

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**Publications:**

B. Short, M. Perkh, P. Ryan, M. Chiu, C. Fine, S. Moses, E. Jackson, D. Brodie and N. Yip. “Rapid

implementation of a mobile prone team during the COVID-19 pandemic.” Journal of Critical Care:

60(2020)230-234.

**Pending Publications:**

M. Chiu, A. Goldberg, P. Ryan, C. Fine and S. Moses. “Developing and implementing a dedicated prone positioning team for mechanically ventilated ARDS patients during the COVID-19 crisis.” The Journal of the Joint Commission on Quality and Patient Satisfaction.

P. Ryan, C. DeForge and C. Fine. **“**A novel approach to preventing pressure injuries during prone positioning for acute respiratory distress syndrome”. Critical Care Nursing.

**WEISMAN CHILDRENS REHABILITATION HOSPITAL 2010-2012**

**Nurse Executive** for a thirty two bed pediatric rehabilitation center. Focus was on maintaining the department to evidence based practices as well as day to day operations. Programs included neonatal substance abuse, traumatic brain injury, neurologic disorders and orthopedic disorders.

**ST. MARY OF LANGHORN MEDICAL CENTER 2006-2010**

**Director of Rehabilitation Services:** Developed and implemented new service lines in a department that serviced all aspects of the health care continuum from the Intensive Care Unit, to Acute Care through the Acute Rehabilitation phase and into the community. Championed & led the development of the rehabilitation component of the Joint Commission Stroke Accreditation process and the Joint Replacement Process. In conjunction with therapy, developed higher technologic based outpatient programs. Took an inpatient rehabilitation unit from a census of twenty patients to thirty two (full capacity), while maintaining evidence based and patient centered outcomes. Championed a Falls Prevention Program that decreased falls by over forty percent. Worked with the Rehabilitation Physicians to developed documentation tools to meet the Medicare regulations. Maintained the

Seventy-five percent rule. Presented locally, regionally, and nationally on the concepts of rehabilitation in the community hospital setting. Department had over fifty Physical Therapists, twenty five Occupational Therapists, Speech and Language Pathologists and over fifty Rehabilitation Nurses.

**MAGEE REHABILITATION HOSPITAL 1986- 2006**

**Nurse Executive:** Developed and implemented standards of rehabilitation nursing care for this ninety- six bed free standing rehabilitation hospital that is world renown for it’s care of traumatically injured individuals. Was responsible for the overall nursing care that was provided to patients and families. Established management standards for nursing management that included rounding on a daily basis and interdisciplinary collaboration in delivering interventions. Day to day responsibilities included

recruitment and retention of nursing staff, budgetary development and implementation and staffing algorithms based on acuity. Saved over $12 million dollars in staffing budget by retaining and recruiting new nurses instead of utilizing agency nurses. Set standards for professional behavior and re-

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developed the Clinical Ladder. Implemented the EMR for nursing and medicine as well as the Pyxis System for pharmaceutical delivery. Was editor for the National Rehabilitation Nursing Core Curriculum and also Topics in Spinal Cord Injury. Presented regionally and nationally on rehabilitation nursing and nursing interventions. Was ultimately responsible for over one hundred nurses (Full time, Part time and Per Diem) and over seventy five Nursing Tech’s. Received the Georgetown University Centennial Award for Advancing Clinical Care

**Program Director for Special Projects:** Led the development and implementation of new and innovative programs at a Hospital and Disability Specific Level. Developed in conjunction with a community focused group an educational program aimed at dealing sexuality and sexual functioning issues that disabled women may have. Developed and implemented a program aimed at the identification of physical, psychological, and financial abuse of the disabled and worked with community agencies to provide resources for this group. Wellness and maintenance of health programs aimed at the disabled in the community were also developed. Was editor for the National Rehabilitation Nursing Core

Curriculum and also Topics in Spinal Cord Injury. Presented regionally and nationally on rehabilitation nursing and nursing interventions.

**Program Director: Spinal Cord Injury Program:** Led the development of this nationally designated program throughout the healthcare continuum. Included development of marketing tools to meet the patient and family’s needs, interfacing with patients and families to prevent and address issues and concerns and working with the spinal cord injury interdisciplinary team to develop programs that were integral to meeting this unique patient group needs and concerns. Worked with community agencies to help integrate the “patient” into the community. Changed the model of care delivery so that therapy was delivered on the same floor as the nursing unit, saving time and increasing interdisciplinary collaboration.

**EDUCATION:**

**VIILLANOVE UNIVERSITY:**

**POST MASTER’S CERTIFICATE IN NURSING ADMINSTRATION**

**STATE UNIVERSITY OF NEW YORK AT BUFFALO:**

**MASTER’S OF SCIENCE IN REHABILITATION NURSING**

**GEORGETOWN UNIVERSITY:**

**BACHELOR’S OF SCIENCE: NURSING**

**PROFESSIONAL LICENSES: Commonwealth of PA**

**State of NJ State of NY**