**Curriculum Vitae**

**Mr Thomas Rollinson**

Home Address 36 Wilson Street

Brunswick VIC 3056

AUSTRALIA

Work Address Physiotherapy Department

Allied Health Division Level 3 Harold Stokes Building Austin Hospital

145 Studley Rd

Heidelberg VIC 3084

Telephone

Email

**Tertiary Qualifications**

Masters of Philosophy (Research) Candidate, the University of Melbourne

Bachelor of Physiotherapy (Honours), the University of Melbourne 2011

**Employment History**

July 2015 – Present **Senior Intensive Care Unit Physiotherapist**

*Austin Health*

Lead Physiotherapist – COVID-ICU COVID Physiotherapy Group - Member

Assist in managing Acute & Deteriorating Stream. Management of Acute Site Rosters

Assisted in workforce redesign.

Contribution to education, quality and research.

May 2017 - Present **Content Developer / Subject Coordinator**

*Physiotherapy Department*

*The University of Melbourne*

Development and coordination of the 100% online graduate

subject “Rehabilitation in the Acute Setting”

June 2013 – June 2015 **Grade 2 Intensive Care Unit Physiotherapist**

*Austin Health*

Including education of Junior Physiotherapists in ICU, Nursing staff education and presenter at the Victorian Intensive Care Education Network Training day for ICU Registrars.

January 2012 – May 2013 **Grade 1 Physiotherapist**

*Austin Health*

Rotations completed: Aged Care, Intensive Care Unit, Acute

Spinal, and Orthopaedic Outpatients.

**Professional Development**

 World Congress of Intensive Care, Melbourne, Australia, 2019.

 5th Annual Asia Pacific Conference on Early Mobilization and Rehabilitation in the

ICU, Kuching Sarawak, Malaysia 2019.

 2019 International Respiratory Rehabilitation and the Intensive Care Rehabilitation Summit Forum, Guangdong Association of Rehabilitation Medicine, Guangzhou, China.

 American Thoracic Society (ATS) International Conference, San Diego, USA, 2018.

 International Meeting of Physical Medicine and Rehabilitation in the Critically Ill, San

Francisco, USA, 2016, San Diego, USA, 2018.

 Cardiac and Respiratory Research Network (CaRRN) Lecture Series, University of

Melbourne 2016-2019.

 Participation in bi-directional exchange program with the University of Melbourne and University of Oxford Clinical Research Unit at the Hospital for Tropical Diseases, Ho Chi Minh City, Vietnam, 2018.

 Australian Physiotherapy Association (APA) National Conference, Sydney, 2017.

 Bronchoscopy for Critical Care, the Alfred, 2016.

 American Thoracic Society (ATS) International Conference San Francisco, USA, 2016.

 National Health Education and Training in Simulation (NHET-SIM) Online Course

2014.

 SimHealth/SimTect National simulation training conference, Adelaide Convention

Centre, Adelaide, 2014.

 Australian and New Zealand Intensive Care Society (ANZICS) Annual Scientific

Meeting, Melbourne Convention Centre, Melbourne 2014.

 Advanced Mechanical Ventilation Conference, The Alfred 2013-2014.

 Australian and New Zealand Spinal Cord Society National Conference (ANZCOS), Melbourne 2013.

 The Alfred ICU Physiotherapy Seminar 2013-2014, 2018.

**Professional Memberships**

 American Thoracic Society, Member, 2016, 2018.

 Australian Physiotherapy Association, Member 2012-2013.

 Australian Physiotherapy Association, Student Member 2008-2011.

**Invited Speaker**

 *“Exercise prescription and goal setting for early mobilization in the ICU”* Singapore

Rehabilitation Conference (Virtual), Singapore, Singapore, 2020.

 *“Goal setting for Early Mobilization in the ICU”* 5th Annual Asia Pacific Conference on

Early Mobilization and Rehabilitation in the ICU, Kuching Sarawak, Malaysia 2019.

 *“Respiratory Management of Spinal Cord Injury”* 2019 International Respiratory Rehabilitation and the Intensive Care Rehabilitation Summit Forum, Guangdong Association of Rehabilitation Medicine, Guangzhou, China.

 *“Physical activity in ICU and on the wards”* Alfred ICU Physiotherapy Seminar, 2018.

 *“Tracking physical activity levels in critically ill patients during Intensive Care Unit and ward admissions”* Cardiac and Respiratory Research Network (CaRRN), University of Melbourne.

 *“Cardiorespiratory Anatomy and Physiology”* Australian Physiotherapy Association

Cardiorespiratory Level 1 Course, 2018-2020.

**Research**

Publications

Parry, S. M., Remedios, L., Denehy, L., Knight, L. D., Beach, L., **Rollinson, T**. C., Berney, S., Puthucheary, Z., Morris, P., & Granger, C. L. (2017). What factors affect implementation of early rehabilitation into intensive care unit practice? A qualitative study with clinicians.

*Journal of Critical Care, 38,* 137-143. doi: <https://doi.org/10.1016/j.jcrc.2016.11.005>

Jones, J. R. A., Attard, Z., Bellomo, R., Burgess, N., Donovan, A., Graco, M., **Rollinson, T**., & Berlowitz, D. J. (2021). Repeated proning in non-intubated patients with COVID-19. Respirology, 26(3), 279-280. doi:10.1111/resp.14008

Presentations

“Exercise rehabilitation intervention in patients with tetanus: A feasibility study”, *Poster presentation,* 5th Annual Asia Pacific Conference on Early Mobilization and Rehabilitation in the ICU, Kuching Sarawak, Malaysia 2019.

“Tracking physical activity levels in critically ill patients during Intensive Care Unit and ward admissions”, *Poster presentation,* 2018 American Thoracic Society International Conference, San Diego, USA.

“Tracking physical activity levels in critically ill patients during Intensive Care Unit and ward admissions”, *Oral presentation,* 2017 Australian Physiotherapy Association National Conference, Sydney, Australia.

Contributions

CoVID-Recovery (in progress)

eStimCycle, Assessor and interventionalist

Trial of Early Activity and Mobilization (TEAM) Trial: Assessor and interventionalist

**Prizes and Awards**

 2017 Acute Cardiorespiratory Research Award, APA National Conference

 2016 Intensive Care Unit Education Prize : Allied Health, Austin Health

 2013 Intensive Care Unit Education Prize : Allied Health, Austin Health

 2011 Valedictorian, Physiotherapy, The University of Melbourne

 2011 Clinicians Prize, Austin Health

 2011 Eliza Macauley Memorial Award for Highest Clinical Aggregate, University of

Melbourne

 2011 Highest Clinical Aggregate Award, Australian Physiotherapy Association.

**Other interests**

 Scuba Diving (Rescue, Advanced Open Water, Enriched Air Nitrox, Open Water

Certified)

 Dance Teaching